**Quiche**

![Image of quiche]

### Ingredients

- 4 eggs
- 1 ½ cups milk
- ½ cup cornflour
- 1 tsp salt
- 3 cups cheese, grated
- 2 cups Filling: eg. bacon, ham, chicken, shallots, leek, onion, mushroom, corn, gherkins, tomato, capsicum etc.

### Method

1. Beat eggs, milk, cornflour, salt and cheese together.
2. Stir through filling.
3. Pour into a 24cm quiche dish or muffin tins.
4. Bake until set at 150°, approx. 40 mins.

Filling for school meal will be: chicken, fresh corn, spinach, shallots, capsicum.